

## REVIEW OF SOME OLD YOUNG LIVING SEMINAR TAPES.

By Martin Watt

### Comments taken from a video tape of a Young Living seminar.

With all the early speakers, there were hardly any checkable facts advanced.

The overall impression was that the first speakers progressed from subtle emotional blackmail, to heavier selling techniques. There were lengthy descriptions of "how Gary's oil had helped themselves and their loved ones".

The first speaker gives the scantiest of details about oils being used in his hospital to treat sores and wounds. However, the impression I gained, was he was talking about doctors treating themselves for minor cuts.

Sheryl Davies: Used emotion arousing techniques to entrap the audience. She mentions Lavender and Peppermint for healing a major surgical incision, but without saying how much was used or how it was applied.

"Patchouli around the eyes to prevent wrinkles". This is unbelievably dangerous. This statement is disgraceful as it trades on the vulnerability of people who are desperate to try anything to inhibit natural ageing. There is no evidence whatsoever that any essential oil applied to the skin can prevent wrinkles.

Lynsey Williams: Blatant scare mongering about super bugs. Clearly he is involved with marketing the oils. He was urging people to "build the biggest distribution network in the world". **His historical information was wrong**, such as the utter nonsense that: "the apothecaries survived the plagues in Europe because they used the blend of oils that Gary Young now has". **This statement was also made:** "people will think they will die unless they buy your products". **That proves the outrageous dishonest marketing.**

Gary Young: The usual mixture of outright lies about super bugs, plus heavy emotional blackmail and bandying about the names of "eminently well qualified doctors". Yet, most of these so called 'doctors' are not medical doctors. He quotes "working with the French Government", I would bet this is lie. He has made numerous similar claims of working with experts that have since been proven untrue. The statement "drink only distilled water" is dangerous and amazing that a naturopath should promote such crazy ideas. Distilled water is totally lacking in the trace minerals that we need for optimum health.

"Cancer can be identified from dried blood smears ten years before it occurs". This is again an outrageous statement trading on peoples fears. He gives a whole string of theoretical conjectures about the development of super bugs and makes them sound like facts.

"You must use the oils to protect yourself against the viruses" etc. You "have the chance to save millions of people from death".

**All blatant examples of evangelical and high pressure selling techniques, aimed at scarring emotionally vulnerable people into buying products.**

### REVIEW OF OTHER GARY YOUNG VIDEO AND AUDIO TAPES.

"Oxygen reduces pain". **Not used alone it does not.**

"Essential oils have been around for 6000 years". **This is not known.**

"Essential oils contain the like-force of the plant". This is utter nonsense.

"Ravensara oil is good for pneumonia". What kind of pneumonia caused by what?

"All essential oils restore the pH balance of the body". Unbelievable nonsense.

"Cinnamon bark oil diluted can be used on the skin". This oil is **hazardous** even when well diluted.

"5% of wheatgerm oil preserves essential oils". This displays ignorance of the chemistry of fixed oils or their properties. It is a common error found in many aromatherapy books.

For natural mouth healing: "Birch oil in 4oz. of white vinegar, this also removes plaque and rebuilds enamel". Birch oil is a powerful irritant. As to it rebuilding tooth enamel, this is something new to medical science.

**For a metal splinter in the EYE:** "Diffuse castor oil near the eye and it will draw out the splinter. **Do I really need to comment on this craziness.**

For a Stye: "Melissa, rosemary, lavender applied neat over the eyelid". This is crazy advice, particularly with Melissa oil which is a powerful irritant.

**The dangerous health care advice and hype go on and on with this criminally incompetent organisation and its founder Gary Young.**

**Post to aromatherapy@idma.com 1998**

idma is an old newsgroup that ceased in the late 1990s

### **Re Young Living:**

I am tired of the discussions on this list about how \*we\* should try and help the acolytes of Gary Young. If these people cannot understand all that has been said on this list and elsewhere, then they are beyond the help of anyone other than those who specialise in de-programming the followers of \*cults\*.

It is the responsibility of the supplier of any products and services to educate themselves BEFORE supplying goods and services that might be hazardous. Any Young Living distributors who rely on their education just from the teachings of Gary Young, are fools. It is not for us to supply such education free of charge. Such an action is extremely unfair on those aromatherapists who have had to \*pay\* for their own education. Almost everything that Gary Young says, is either a lie, or is completely and dangerously wrong. It appears from his writings and teachings that he has no sound education in natural therapies or medicine. He says-'scoliosis is caused by viruses' wow, amazing discovery, and essential oils can reshape spinal vertebrae back to normal can they!!

If as it sounds from mails, Y.L. are now improving their education, then it is only because they have been pushed to it by the hassle that has been caused by some of the people on this group, both publicly and to the authorities. Alternatively, maybe one of their clones (or turncoats) on this list, has told them how much evidence we have assembled against them.

As to 'building bridges' with the people who have been \*knowingly\* selling lousy courses, phoney oils and phoney services for years (many more than just Y.L.). I for one have no interest in helping confidence tricksters who have made their fortunes over many years out of gullible people. So we are supposed to forgive and forget those that through criminal incompetence have harmed innocent members of the public are we? Well I can tell you no trade will be permitted to continue indefinitely with a policy like that. Watch out for legislation and regulation. *Martin Watt.*

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